

EXCLUSIVELY IN GREENWICH

THE ULTIMATE SPA PEDICURE

WHAT SETS US APART FROM  
OTHER NAIL SPAS?

1. Our procedures are performed under strict medical sterile conditions.
2. We are staffed by a Physician, enabling us to utilize medical grade glycolic acid and dermabrasion techniques that provide far superior results.
3. Our products are all natural and tailored to your specific needs. We use antifungal or natural nail polish which does not contain toluene or formaldehyde allowing the nail to breathe, thus preventing infections.
4. We are able to offer additional services:  
**BOTOX** - for hyperhidrosis (sweaty feet)  
**DERMAL FILLERS** - to add cushioning to the bottom of the foot.  
**DERMABRASION** - to help reduce the appearance of scars on the foot.  
**PLEASE INQUIRE.**

*Administered through Medical  
Office-Grade Protocols*

Ellen Golden, DPM, PC  
GREENWICH TOTAL FOOTCARE  
4 Dearfield Drive  
Suite 106  
Greenwich, CT 06831  
203-622-7504  
Hours by Appointment

**For Women**                      **\$65.00**

Over 1 hour of sheer indulgence including

- Exfoliation
- Removal of calluses
- Nail trimming
- Massage
- Application of antifungal or natural nail polish
- Moisturizer applied to the foot and lower leg

**For Men**                              **\$65.00**

Over 1 hour of sheer indulgence including

- Exfoliation
- Removal of calluses
- Nail trimming
- Massage
- Nails lightened and buffed
- Moisturizer applied to the foot and lower leg

**For Children**                      **\$35.00**

A thoroughly enjoyable spa experience including

- Moisturizing mask
- Nail trimming
- Application of natural nail polish
- Moisturizer applied to the foot and lower leg

- Exfoliation
- Special attention to corns and calluses by a combination of medical grade glycolic acid and dermabrasion treatment
- Nail trimming
- Energizing mask and massage to invigorate tired, aching feet and legs
- Application of antifungal, natural nail polish or buffing
- Moisturizer applied to the foot and lower leg

**For the Diabetic**                      **\$75.00**

- Special attention to preulcerative areas
- Mild exfoliation
- Appropriate strength glycolic acid
- Superficial removal of calluses
- Filing of nails
- Specifically tailored masks and moisturizers for diabetic skin
- Application of antifungal, natural or buffing

**Express Pedicure**                      **\$30.00**

- Moisturizer
- Nail trimming
- Application of antifungal or natural nail polish

**Special Services**

**Keryflex Application**

Nonporous nail application that allows the nail to regrow

- Improves the appearance of your toenails
- Creates a realistic, natural-looking in place of the damaged nail
- Is flexible and durable

1 toe	<b>\$100.00</b>
Each add'l toe	<b>\$50.00</b>
All toes	<b>\$500.00</b>

**Reflexology (Zone Therapy) Massage**

By manipulation of the foot, this rejuvenating massage improves and stimulates the body's ability to relax. Application of pressure, stretch and movement to the nerves of the foot can stimulate a sense of wellbeing

30 minutes	<b>\$60.00</b>
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**IPL/Laser Treatment**

Skin rejuvenation for your foot. Improves texture, tone and skin color. Stimulates growth of collagen.

Laser hair removal on foot and toes.  
PLEASE INQUIRE

**Special Services**

**For the Athlete**                      **\$75.00**